

# A RETREAT FULL OF LOVE



*Abundance Cell Group - 22 & 23 October 2016*

In the weeks before the Abundance Cell Group went for our first retreat in 2016, our family fell sick one after another. As a counsellor, I grappled with the issue of finding it easier to help ourselves than asking for help from others. Hence, we only prayed within our own family that we would be well before the retreat. However, Lucas's fever lasted for five days and we started to worry.

I shared with our cell group members on our concern over the family's health problems and they started to pray for us. Two days before the retreat, a miracle happened and we recovered. This experience allowed us to see the importance and power of praying together with our brothers and sisters-in-Christ. Also, the importance for others to pray for us!

The experience of the cell group retreat was memorable. Other than exploring new activities and sports that we had never tried before, we connected and bonded with our own family members, as well as the brothers and sisters-in-Christ in the cell group. Through everyone's sharing, we got to know more about GOD.



*Celebrating Danny's Birthday*



Our cell group member, Ewe Ewe, shared with us the 3 Ps i.e. Pray continually, Plan for the prayers and Power in prayers. The 3Ps reminded us on the importance of praying and communicating with GOD diligently.

During prayer times, we gathered into male and female prayer groups for sharing as well. I was touched by the prayers, sharing and support in our group. Tears just rolled down my cheeks naturally, giving thanks

to God!



Though the retreat was just a two days' event, we were well-fed, physically charged, emotionally lifted and spiritually healed. Other than giving thanks to our GOD for such a fulfilling and joyful time, I appreciated all the brothers and sisters-in-Christ who contributed to the success of the retreat.



Special thanks to our cell group leader, Tony, who has the heart of flexibility to cater for our different needs. Many thanks to Uncle Roy and Aunt Juria for all the arrangements for the retreat and coaching of living the life in God!

*On behalf of Abundance Cell Group  
with Love!*

Hung Mong Ping

